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S. Department of Transportation deral Motor Carrier fety Administration	Medical Examina	tion Report Form r Medical Certification)				
				MEDIC	AL REC	ORD #
<b>CTION 1. Driver Information</b> (to be fille	ed out by the driver)			(0)	r sticker	)
ERSONAL INFORMATION						
ast Name:	First Name:	Middle Initial	: Date of Birt	:h:		Age: _
treet Address:	City:		State/Province:	▼ Z	ip Code:	
river's License Number:	Issuing	State/Province:		🗾 Pho	one:	
Mail (optional):		CLP/CDL Applicar	t/Holder*: OYe	es O No		
		Driver ID Verified I				
as your USDOT/FMCSA medical certifica	te ever been denied or issued for l					
P/CDL Applicant/Holder: See instructions for definitions.		**Driver ID Verified By: Record what type	of photo ID was used to verify	the identity of the driv	ver, e.g., CDL, d	river's license, pa
RIVER HEALTH HISTORY						
ave you ever had surgery? If "yes," please	e list and explain below.			🔿 Yes	() No	O Not S
e vou currently taking medications (pre-	scription. over-the-counter. herbal ren	nedies, diet supplements)?		() Yes	() No	O Not S
e you currently taking medications (pres yes," please describe below.	scription, over-the-counter, herbal ren	nedies, diet supplements) <b>?</b>		() Yes	O No	O Not S
	scription, over-the-counter, herbal ren	nedies, diet supplements) <b>?</b>		() Yes	O No	() Not S
	scription, over-the-counter, herbal ren	nedies, diet supplements) <b>?</b>		() Yes	⊖ No	() Not S
	scription, over-the-counter, herbal ren	nedies, diet supplements) <b>?</b>		() Yes	() No	O Not S
	scription, over-the-counter, herbal ren	nedies, diet supplements) <b>?</b>		() Yes	() No	() Not S
	scription, over-the-counter, herbal ren	nedies, diet supplements) <b>?</b>		() Yes	() No	O Not S
	scription, over-the-counter, herbal ren	nedies, diet supplements) <b>?</b>		() Yes	() No	() Not S
	scription, over-the-counter, herbal ren	nedies, diet supplements) <b>?</b>		() Yes	() No	() Not S
	scription, over-the-counter, herbal ren	nedies, diet supplements) <b>?</b>		() Yes	() No	O Not S

\*\*This document contains sensitive information and is for official use only. Improper handling of this information could negatively affect individuals. Handle and secure this information appropriately to prevent inadvertent disclosure by keeping the documents under the control of authorized persons. Properly dispose of this document when no longer required to be maintained by regulatory requirements.\*\*

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Last Name:

**DRIVER HEALTH HISTORY** (continued)

10. L 11. K V 12. S 13. C 14. A р 15. F Other health condition(s) not described above: ○ Yes ○ No ○ Not Sure Did you answer "yes" to any of questions 1-32? If so, please comment further on those health conditions below: ○ Yes ○ No ○ Not Sure (Attach additional sheets if necessary) **CMV DRIVER'S SIGNATURE** 

First Name:

I certify that the above information is accurate and complete. I understand that inaccurate, false or missing information may invalidate the examination and my Medical Examiner's Certificate, that submission of fraudulent or intentionally false information is a violation of 49 CFR 390.35, and that submission of fraudulent or intentionally false information may subject me to civil or criminal penalties under <u>49 CFR 390.37</u> and <u>49 CFR 386</u> Appendices A and B.

Driver's Signature:

## **SECTION 2. Examination Report** (to be filled out by the medical examiner)

## **DRIVER HEALTH HISTORY REVIEW**

Review and discuss pertinent driver answers and any available medical records. Comment on the driver's responses to the "health history" questions that may affect the driver's safe operation of a commercial motor vehicle (CMV).

(Attach additional sheets if necessary)

Exam Date:

		Sure		ies	NU	Sure
0	0	0	16. Dizziness, headaches, numbness, tingling, or memory	0	0	0
0	Ο	0		~	~	~
0	Ο	0		Š	č	0
0	0	0		č	č	0
0	0	0	<ul><li>19. Missing or limited use of arm, hand, finger, leg, foot, toe</li><li>20. Neck or back problems</li></ul>	0	0	0
0	0	0	21. Bone, muscle, joint, or nerve problems	0	0	0
0	Ο	0		0	č	-
0	Ο	0		č	~	0
0	0	0	25. Sleep disorders, pauses in breathing while asleep,	0	0	0
0	Ο	0		$\cap$	$\circ$	0
0	0	0	27. Have you ever spent a night in the hospital?	0	0	0
0	Ο	0	28. Have you ever had a broken bone?	Ο	0	0
0	0	0	29. Have you ever used or do you now use tobacco?	Ο	Ο	0
0	Ο	0	30. Do you currently drink alcohol?	Ο	0	0
0	0	0	31. Have you used an illegal substance within the past two years?	0	0	0
0	0	0	32. Have you ever failed a drug test or been dependent on an illegal substance?	0	0	0
				<ul> <li>loss</li> <li>17. Unexplained weight loss</li> <li>18. Stroke, mini-stroke (TIA), paralysis, or weakness</li> <li>19. Missing or limited use of arm, hand, finger, leg, foot, toe 20. Neck or back problems</li> <li>21. Bone, muscle, joint, or nerve problems</li> <li>22. Blood clots or bleeding problems</li> <li>23. Cancer</li> <li>24. Chronic (long-term) infection or other chronic diseases</li> <li>25. Sleep disorders, pauses in breathing while asleep, daytime sleepiness, loud snoring</li> <li>26. Have you ever had a sleep test (<i>e.g., sleep apnea</i>)?</li> <li>27. Have you ever spent a night in the hospital?</li> <li>28. Have you ever used or do you now use tobacco?</li> <li>30. Do you currently drink alcohol?</li> <li>31. Have you ever failed a drug test or been dependent</li> </ul>	Image: Second state of the second s	Image: Second state of the second s

\_\_\_\_\_ DOB: \_\_\_\_

Not

Date:

Leat Name.			First Names					Even Deter		
Last Name:			First Name:			DOB:		_ Exam Date:		
TESTING										
Pulse Rate:	Pulse rhy	thm regular:	O Yes O No			Height: feet in	ches Weight:	pounds		
Blood Pressur	e Sy	/stolic	Diaste	olic		Urinalysis	Sp. Gr.	Protein	Blood	Sugar
Sitting						Urinalysis is required.				
Second reading (optional)	9					Numerical readings must be recorded.				
Other testing if	indicated					Protein, blood, or sugar i	n the urine may l	be an indication	n for further	testing to
At least 70° field o	ast 20/40 acuity (Snel of vision in horizonta	l meridian mea	sured in each eye.	The use		<b>Hearing</b> Standard: Must first perce hearing loss of less than o				
corrective lenses	should be noted on t		miner's Certificate Horizontal Fie		cion	Check if hearing aid u	od for tost	Dight For 🗖	Loft For <b>F</b>	Noithor
Right Eye:			Right Eye:			Whisper Test Results Record distance (in fee		-	Right E	Ear Left Ear
Left Eye:	20/	20/	Left Eye:	deg	grees	whispered voice can fi		t which a lorce		
Both Eyes:	20/	20/		Yes	No	OR				
	ecognize and disti vices showing red,			0	0	Audiometric Test Res Right Ear:	sults	Left Ear:		
	-									
Monocular visi	on			0	0	500 Hz 1000 Hz	2000 Hz	500 Hz	1000 Hz	2000 Hz

## PHYSICAL EXAMINATION

The presence of a certain condition may not necessarily disqualify a driver, particularly if the condition is controlled adequately, is not likely to worsen, or is readily amenable to treatment. Even if a condition does not disqualify a driver, the Medical Examiner may consider deferring the driver temporarily. Also, the driver should be advised to take the necessary steps to correct the condition as soon as possible, particularly if neglecting the condition could result in a more serious illness that might affect driving.

Check the body systems for abnormalities.

Body System	Normal	Abnormal	Body System	Normal	Abnormal
1. General	0	0	8. Abdomen	0	0
2. Skin	Ó	Ó	9. Genito-urinary system including hernias	Ó	Õ
3. Eyes	0	0	10. Back/spine	0	0
4. Ears	0	0	11. Extremities/joints	0	0
5. Mouth/throat	0	0	12. Neurological system including reflexes	0	0
6. Cardiovascular	0	0	13. Gait	0	0
7. Lungs/chest	0	0	14. Vascular system	0	0

Discuss any abnormal answers in detail in the space below and indicate whether it would affect the driver's ability to operate a CMV. Enter applicable item number before each comment.

Received documentation from ophthalmologist or optometrist? O O Average (right):

(Attach additional sheets if necessary)

Average (left):

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Last Name:	First Name:	DOB:	Exam Date:				
Please complete only one of	the following (Federal or State) Medical Examin	er Determination sections:					
MEDICAL EXAMINER DETE	RMINATION (Federal)						
Use this section for examinations performed in accordance with the Federal Motor Carrier Safety Regulations (49 CFR 391.41-391.49):							
O Does not meet standards (specify reason):							
O Meets standards in <u>49 CFR</u>	O Meets standards in <u>49 CFR 391.41;</u> qualifies for 2-year certificate						
O Meets standards, but perio	odic monitoring required (specify reason):						
Driver qualified for: $O$ 3	months O 6 months O 1 year O other (spec	ify):					
Wearing corrective lense	ses 🔲 Wearing hearing aid 🛛 🗌 Accompar	nied by a waiver/exemption (sp	pecify type):				
Accompanied by a Skill	l Performance Evaluation (SPE) Certificate 🛛 🛛	ualified by operation of <u>49 CF</u>	R <u>391.64</u> (Federal)				
Driving within an exempt intracity zone (see <u>49 CFR 391.62</u> ) (Federal)							
O Determination pending (sp	O Determination pending (specify reason):						
Return to medical exam office for follow-up on (must be 45 days or less):							
Medical Examination R	Medical Examination Report amended (specify reason):						
(if amended) Medic	al Examiner's Signature:	Date:					
O Incomplete examination (	specify reason):						
If the driver meets the sta	ndards outlined in <u>49 CFR 391.41</u> , then complete a M	edical Examiner's Certificate as s	tated in <u>49 CFR 391.43(h)</u> , as appropriate.				
I have performed this evaluation for certification. I have personally reviewed all available records and recorded information pertaining to this evaluation, and attest that, to the best of my knowledge, I believe it to be true and correct.							
Medical Examiner's Signature	:						
Medical Examiner's Name (ple	ease print or type): Linda Kowalski PhD. FNP-BC						
Medical Examiner's Address:	347 West Main St.	City: Amsterdam	State: Zip Code: <u>12010</u>				
Medical Examiner's Telephone	e Number: (518) 843-6860	Date Certificate Signed: _					
Medical Examiner's State License, Certificate, or Registration Number: 340582 Issuing State: NY 🔽							
MD DO Physician Assistant Chiropractor Advanced Practice Nurse							
Other Practitioner (specify):							
National Registry Number: 92	217761566	Medical Examiner's Certifi	cate Expiration Date:				